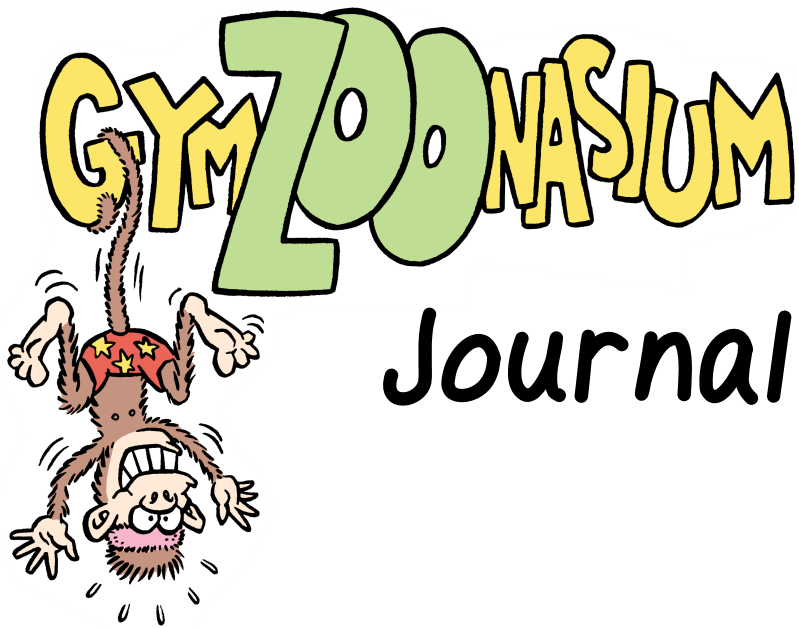
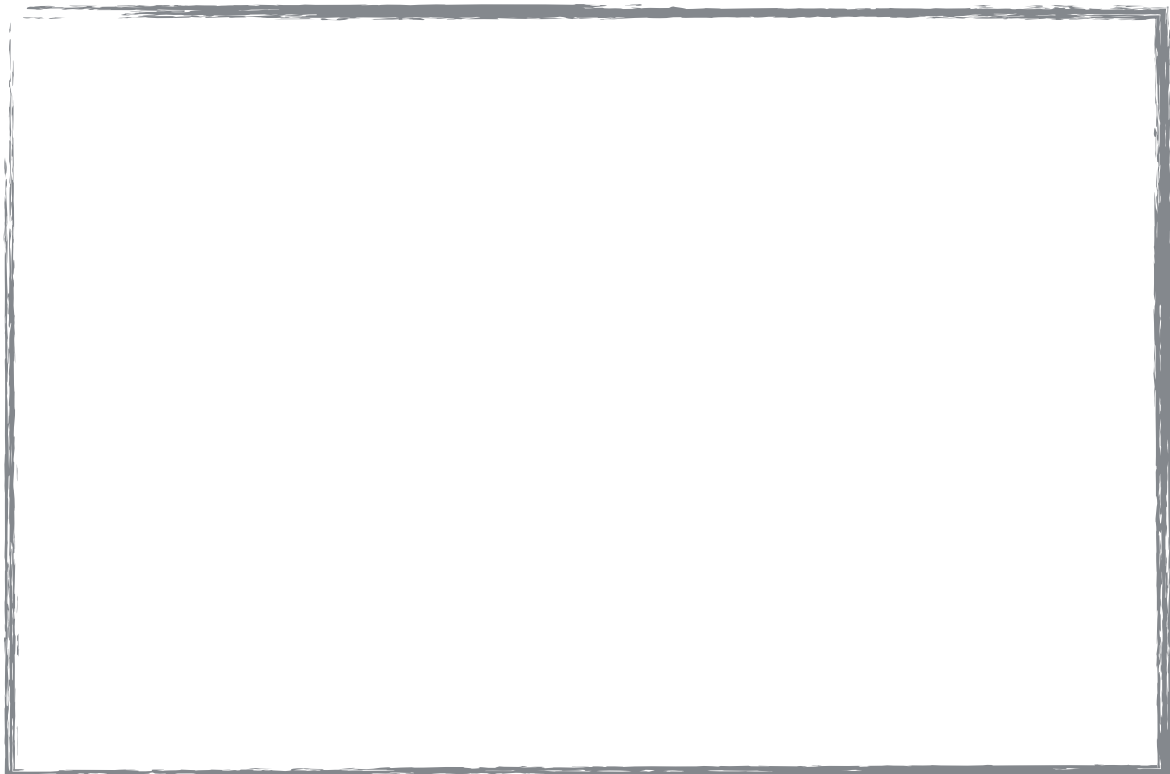




Name: _____

Draw yourself achieving something special in GymZOOnasium
(such as being able to do an exercise that's difficult for you now)





I practised my GymZOOnasium exercises today!

* Each day you practise: place a sticker or stamp in a box below, or draw a picture of an exercise you did. "Practise makes better!"



I practised my GymZOOnasium exercises today!

* Each day you practise: place a sticker or stamp in a box below, or draw a picture of an exercise you did. "Practise makes better!"



My GymZoonasium Journal

Date	I did _____ (number) GymZoonasium exercises today!	I enjoyed _____	I learned _____	I got better at _____



My GymZOOnasium Journal				
Date	I did _____ (number) GymZOOnasium exercises today!	I enjoyed _____	I learned _____	I got better at _____



My GymZOOnasium Journal				
Date	I did _____ (number) GymZOOnasium exercises today!	I enjoyed _____	I learned _____	I got better at _____