



BILBY EARS

*Fluffy little bilby
looking oh so cute,
with ears going 'flip flop'
like a joyful salute!*



PURPOSE

- Improves fine motor performance
- Assists with the development of finger isolation (an important fine motor skill)
- Develops coordination of the pointer and middle finger (which is important for handwriting and scissor use)



INSTRUCTIONS

1. Curl your hands into fists
2. Straighten your first two fingers (pointer and middle finger)
3. Put your hands on top of your head
4. Bend and straighten your two fingers (like long bilby ears)



WATCH FOR

- Thumb, pinkie and ring finger staying curled up in a fist



MODIFICATIONS

- Do Bilby Ears with your hands in front of you, so you can watch your fingers moving



MORE CHALLENGING

- While doing Bilby Ears, try holding something tiny (like a small piece of lego) in your hand with the other curled up fingers





MAKE IT MULTI-SENSORY

- While doing Bilby Ears, can you hop around like a bilby?



FUN FACTS

- Bilbies are a rabbit-sized marsupial that live in the dry, desert regions of Australia.
- Bilbies have poor eyesight. They rely on their sharp hearing and sense of smell.
- Female bilbies have a pouch that opens downwards, to prevent earth from entering the pouch when they're digging.



FUN AND GAMES

Colour this bilby and draw a dry desert background around them

