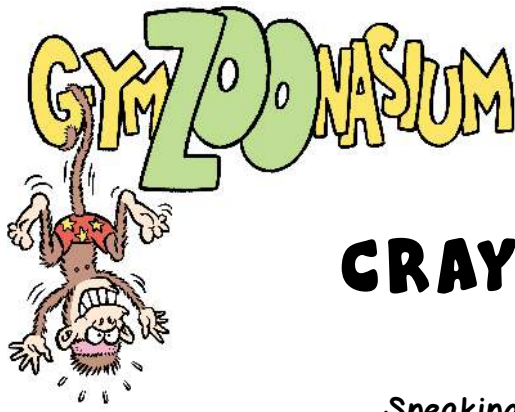




## CRAYFISH CLAWS

*Sneaking 'round behind the rocks,  
crayfish is hunting for his lunch.  
Keep away from his sharp claws,  
or, on you they may go 'crunch'!*



### PURPOSE

- Assists with finger isolation (an important fine motor skill)
- Develops pincer grip (the ability to coordinate and hold objects between the thumb and pointer finger)
- Improves fine motor performance

### INSTRUCTIONS

1. Touch your thumb and pointer finger together (with your other fingers curled into a ball in your hand)
2. Move your thumb and pointer finger apart and back together (like crayfish claws).

### WATCH FOR

- Only the pointer finger and thumb moving
- The other three fingers curled into a ball in your hand

### MODIFICATIONS

- Do Crayfish Claws without your other fingers curled in a ball
- Do Crayfish Claws with one hand at a time

### MORE CHALLENGING

- Try Crayfish Claws popping bubble wrap between your thumb and pointer finger
- Hide a tiny toy in your other fingers while you do Crayfish Claws





## MAKE IT MULTI-SENSORY

- Do Crayfish Claws squeezing a stress ball or Needo fidget toy between your thumb and pointer finger
- Try Crayfish Claws in the bath or in a bucket of water. Make quick little splashes as you open and close your claws!



## FUN FACTS

- Crayfish use their large claws (pincers) for defending themselves and cutting their food
- Crayfish are nocturnal (they sleep through the day and are awake at night)



## FUN AND GAMES

Which animal is there only one of in this picture?

