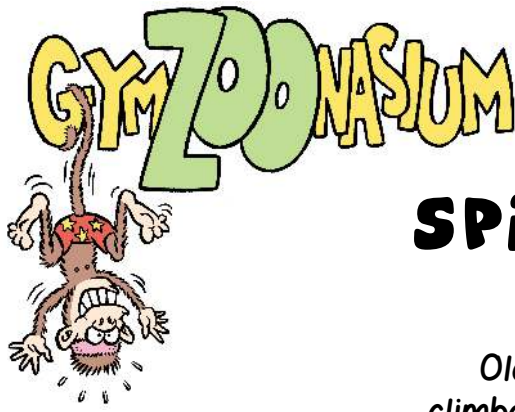
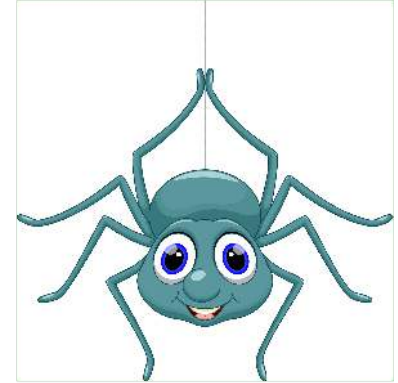




SPIDER SPIN

*Old Incy wincy spider
climbed up the water spout,
then spun a soft bed of silk
because he was all worn out!*



PURPOSE

- Improves our coordination of both hands to complete a task
- Improves fine motor performance

INSTRUCTIONS

1. Spread your fingers wide apart, with your palms facing each other.
2. Spin your hands in opposite directions to glue each thumb to the pinkie on your other hand.
3. Unstick your bottom thumb and pinkie; rotate your hands in opposite directions to bring that thumb and pinkie up to the top; and re-stick them together.
4. Repeat a few times.
5. Unstick your top thumb and pinkie; rotate your hands in opposite directions to bring that thumb and pinkie down to the bottom; and re-stick them together.
6. Repeat a few times.

WATCH FOR

- At least one thumb & pinkie touching at any given time
- Hands rotating in opposite directions

MODIFICATIONS

- Stick your thumbs together and your pinkies together. Rotate both hands towards you, until your fingers are pointing up. Rotate your hands away from you until your fingers are pointing down. Keep repeating.



MORE CHALLENGING

- Try Spider Spin with your eyes closed
- Try doing Spider Spin behind your back



MAKE IT MULTI-SENSORY

- Put a piece of double-sided sticky tape on the tip of each thumb, to feel the sticky web while doing spider spin

FUN AND GAMES

Can you help this spider spin his way out of this maze?

