

<u>Toad Sit</u>	"Practise makes better!" Practise your GymZOOnasium exercises each day :) * Each day you practise: place a tick, sticker or stamp below.						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday